



VEGETARIAN LUNCH MENU MAY 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>Grill Cheese Sandwich Sun Chips Salad and fruit Water</i>	2 Garbanzo Soup Rice with Vegetables Roll Diner Bread Salad and fruit Water	3 Manicolli Steamed Normandia vegetables Bread toast garlic Fruit Water	4 Pastel de tortilla De la olla beans Jell-O Salad and fruit Juice or water	5 Cheese Pizza Italian Salad Cookie Fruit Water
8 Veggie hot dogs Sun Chips Cookie Salad and fruit Water	9 Veggie patties Mexican quinoa rice Fruit and salad Water	10 Fettuccini Alfredo Bread toast garlic Spring mix salad Fruit Water	11 Burritos Refried beans Jell-O Salad and fruit Water	12 Cheese Pizza Italian Salad Granola Bar Fruit Water
15 Hay stack Salad and fruit Jell-O Water	16 Lentil Soup White Rice PlatanoAsado Salad and Fruit Water	17 Popusas (cheese and black beans) Salad and fruit Jell-O Water	18 Lasagna Spring Mix Salad Roll Diner Bread Fruit Water	19 Cheese Pizza Italian Salad Cookie Fruit Water
22 Tostadas Jell-O Salad and Fruit Water	23 Tortitas de avena Macaroni and cheese Fruit and salad Water	24 Spaghetti Steamed California Blend vegetables Roll diner bread Water	25 Cheese Pizza Italian Salad Granola Bar Fruit Water	26 NO LUCH (EARLY DISMISSAL)



Shirley Santeliz (STCA Cafeteria Food Manager and Nutritionist)

Claudia Gill (Assistant Food Handler) Rev. May 2017 (All rights reserved)